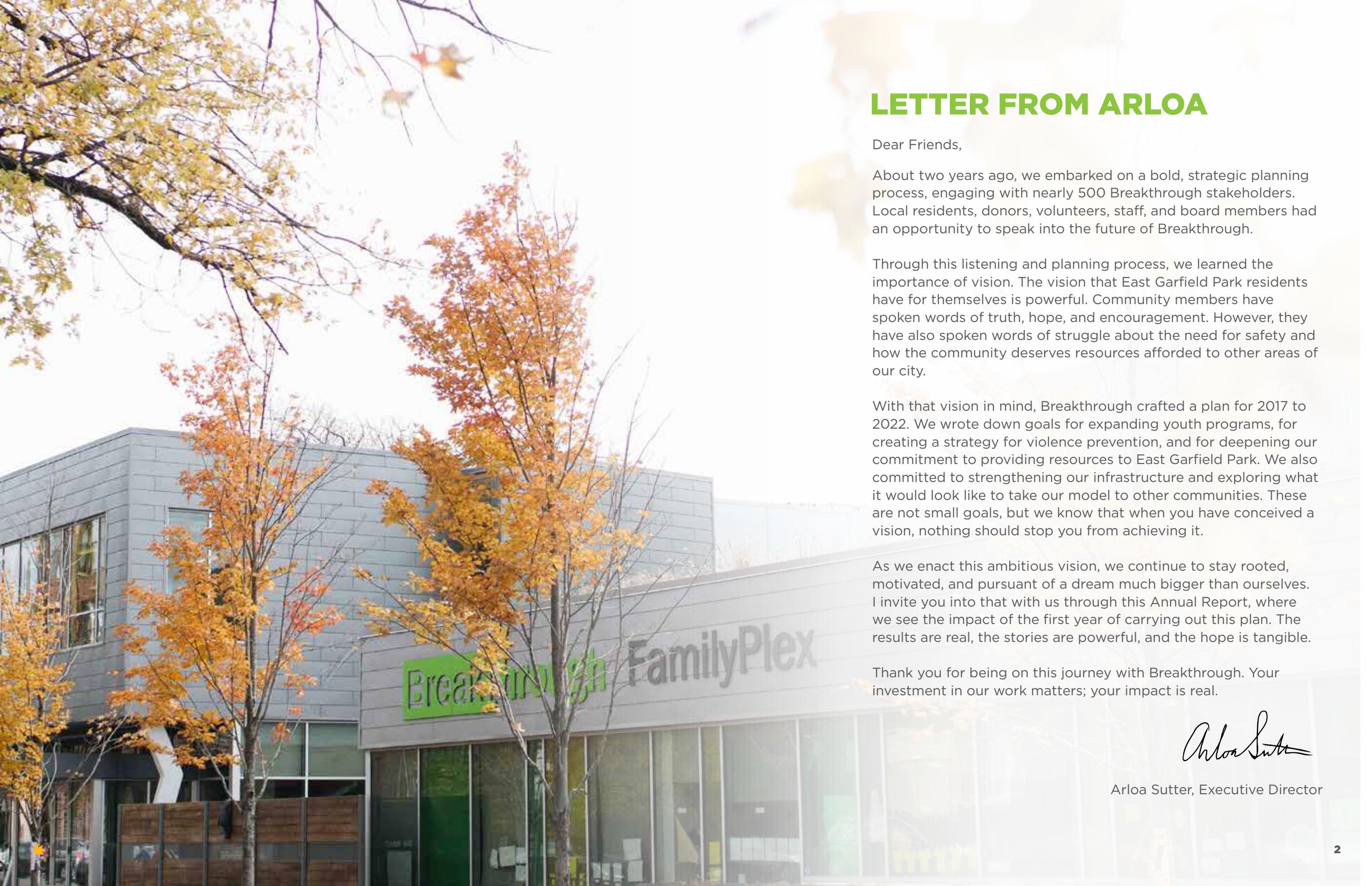


**ANNUAL
REPORT
FY18**

JULY 1, 2017 - JUNE 30, 2018

Breakthrough



LETTER FROM ARLOA

Dear Friends,

About two years ago, we embarked on a bold, strategic planning process, engaging with nearly 500 Breakthrough stakeholders. Local residents, donors, volunteers, staff, and board members had an opportunity to speak into the future of Breakthrough.

Through this listening and planning process, we learned the importance of vision. The vision that East Garfield Park residents have for themselves is powerful. Community members have spoken words of truth, hope, and encouragement. However, they have also spoken words of struggle about the need for safety and how the community deserves resources afforded to other areas of our city.

With that vision in mind, Breakthrough crafted a plan for 2017 to 2022. We wrote down goals for expanding youth programs, for creating a strategy for violence prevention, and for deepening our commitment to providing resources to East Garfield Park. We also committed to strengthening our infrastructure and exploring what it would look like to take our model to other communities. These are not small goals, but we know that when you have conceived a vision, nothing should stop you from achieving it.

As we enact this ambitious vision, we continue to stay rooted, motivated, and pursuant of a dream much bigger than ourselves. I invite you into that with us through this Annual Report, where we see the impact of the first year of carrying out this plan. The results are real, the stories are powerful, and the hope is tangible.

Thank you for being on this journey with Breakthrough. Your investment in our work matters; your impact is real.

Arloa Sutter, Executive Director



MISSION

Breakthrough partners with those affected by poverty to build connections, develop skills, and open doors of opportunity.

VALUES

GOD

PEOPLE

RELATIONSHIPS

REDEMPTION

STRUCTURE

COLLABORATION

COMMUNITY

RACIAL JUSTICE

FOCUS AREAS



EDUCATION & YOUTH DEVELOPMENT

- Breakthrough Beginners
- Nettie Bailey Student Achievement Program
- London Johnson Arts & Technology Academy
- Parent engagement with local families



WORKFORCE DEVELOPMENT

- Career Pathways
- Job training / leadership development
- Digital Literacy Education
- Financial Literacy
- Income supports



HOUSING

- Permanent Supportive Housing for adults
- Permanent Supportive Housing for families
- Transitional Housing for men and women
- Support Center



HEALTH & WELLNESS

- Medical clinic in partnership with Lawndale Christian Health Center
- Fresh Market: food pantry serving zip codes 60612, 60624
- Behavioral Health for homeless adults
- Sports and Fitness Academy
- Breakthrough Fitness Center
- Bridge Cafe



VIOLENCE PREVENTION

- Street-level intervention and prevention against retaliation
- Community-based case management at the street level and for reentry individuals
- Resource development: housing, employment, and other income
- Creating and cultivating safe public spaces



SPIRITUAL FORMATION

Participants of all Breakthrough's programs have the option to participate in spiritual growth activities. Members of our staff and volunteers are supported in their spiritual health and stability.

HOW WE SUPPORT PEOPLE



NETWORK MODEL

All of our programs are built on the foundation that more relationships → more learning → more support → more opportunities and a higher likelihood of sustained progress toward the lives individuals want for themselves.



TRAUMA INFORMED

Trauma comes in many forms and impact our guests, participants and residents in a variety of ways. We train our staff regularly on the effects of trauma and how it impacts daily life and thought processes; then we seek to understand, empathize, and structure our services to acknowledge and overcome these negative impacts.



DIGNITY & RESPECT

Even the individual in the most vulnerable circumstances has something to bring to the restoration process, and they must be empowered to do it. Motivated by our faith and commitment to loving others, we help them find solutions with dignity and respect.

KEY CONCEPTS

WHAT MAKES US UNIQUE?



GEOGRAPHIC FOCUS

One of the most unique things about Breakthrough is our commitment to community revitalization within what we call our “40 Block Zone.” While many organizations specialize on one or two core services spread broadly across the city, our vision targets deep and holistic change in our neighborhood so that success becomes the norm for all residents.



DIVERSE FUNDING BASE

We believe personal relationships, unique partnerships, and fundraising events are key to a diverse and sustainable funding base. From the beginning we have cultivated opportunities to maximize funding from individual donors, and the success of our programs has drawn significant investments from corporations, foundations, churches, and government sources.



COMMUNITY DNA

The only way to truly become part of a community is to build intimate connections, listen, and respond by often putting our own agendas aside. This approach led to the development of the FamilyPlex and Family Housing and will continue to expand our efforts in the coming years.

PREPARING FOR COLLEGE

“...these gifts will be a constant reminder of the community of people that are behind me while I continue on this next chapter of my life.”

Going off to college is exciting and daunting. While some students worry about math and science coursework, others are concerned about having bedding, toiletries, and other necessities for the semester. Inspired by the dream of Breakthrough student Bre’jona Hutchinson, Breakthrough held a community-wide trunk party, showering students with gifts, donations, words of affirmation, and sound advice before they head off to college.

“The gifts and support that I receive at Breakthrough Trunk Party will not only provide me with the necessities to begin college,” Crystal Montgomery, 19, said, “but these gifts will be a constant reminder of the community of people that are behind me while I continue on this next chapter of my life.”

Through partnerships with organizations advocating for educational equity, Breakthrough has been able to help award college scholarships to local scholars.

A Boy and His Dream Foundation sponsored scholarships for eight East Garfield Park high school seniors at Breakthrough’s summer block party series, Home Court. Another six students were awarded scholarships sponsored by the Greer Foundation, which focused on disadvantaged youth with interests in STEM related careers.

Students in East Garfield Park need access to higher education, and Breakthrough is devoted to providing opportunities that allow students to overcome obstacles and reach their potential.

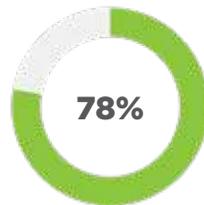
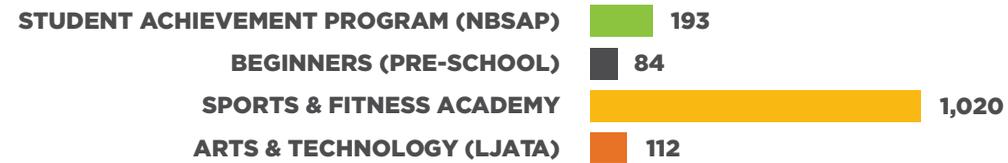




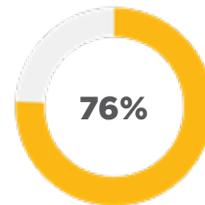
EDUCATION & YOUTH DEVELOPMENT

THE IMPACT OF QUALITY EDUCATION

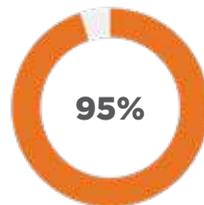
1,240 TOTAL UNDUPLICATED STUDENTS SERVED



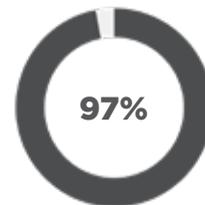
78% OF EXITING BEGINNERS STUDENTS ARE KINDERGARTEN READY



76% OF STUDENTS MAINTAINED OR IMPROVED READING GRADES



95% OF STUDENTS INCREASED STEAM-RELATED SKILLS



97% PARENT SATISFACTION





MENTORING YOUTH

“In this space, there is unity.”

Breakthrough’s Sport Connect program builds bridges and provides intensive mentorship to young men in East Garfield Park. The program, an initiative through the Mayor’s Office and funded by DFSS, seeks to create lasting relationships centered around building up the next generation of leaders, particularly boys ages 13 to 16. The group meets weekly, enjoys a home-cooked meal from a dedicated volunteer, engages in meaningful discussions, and, of course, plays sports.

Young men and their mentors dive into important topics, from making positive decisions and engaging in

healthy relationships, to processing the stress and violence of the West Side. Adult mentors come from a variety of backgrounds, including teachers, coaches, and local business owners. This diverse group is tied together with a desire to build community and to change the trajectory of these young men’s lives.

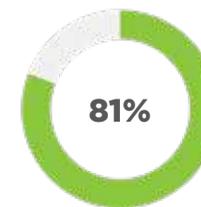
Participants have made a commitment to the program. There is faithful attendance from participants and mentors, positive relationships, and a true sense of family. Tony Daniels, a leader in the community and mentor, says it best, “In this space, there is unity.”



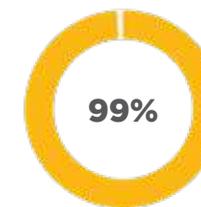
HEALTH & WELLNESS

SPORTS & FITNESS

1,020 YOUTH PARTICIPATED IN SPORTS PROGRAMS



OF PARTICIPANTS DEMONSTRATED EXCEPTIONAL PRO-SOCIAL BEHAVIORS



OF ATHLETES IMPROVED IN A SPORTS-SPECIFIC SKILL



YOUTH EXPANDED THEIR NETWORK OF HEALTHY RELATIONSHIPS WITH 138 VOLUNTEERS

FIGHTING HUNGER

“I am elated to know that Breakthrough has and will continue to have an active footprint in working toward eliminating hunger.”

Staff and volunteers from the Breakthrough Fresh Market traveled to Springfield, Illinois for the 2018 Hunger Summit. The Fresh Market team met with legislators and politicians, aiming to garner enough support to pass legislation like Bill 351. This bill amends the Illinois Public Aid Code in regard to SNAP (Supplemental Nutrition Assistance Program) eligibility for part-time students, which is estimated to affect 40,000 students.

Fresh Market Coordinator Wendy Daniels said she was proud to lend a hand in the fight to eliminate hunger. “There are many individuals and organizations working to end food insecurity in communities all over Chicago,” she said. “I am elated to know that Breakthrough has and will continue to have an active footprint in working toward eliminating hunger.”





HEALTH & WELLNESS

FRESH MARKET



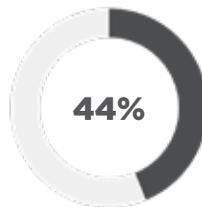
PEOPLE
SERVED AT THE
FRESH MARKET



FRESH MARKET
SHOPPERS WERE
CONNECTED TO
ADDITIONAL
SUPPORTS



POUNDS
OF FOOD
DISTRIBUTED



OF REGULAR
FRESH MARKET
VOLUNTEERS
ARE LOCAL EAST
GARFIELD PARK
RESIDENTS





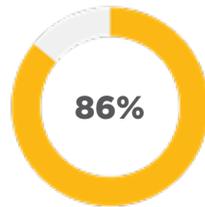
HEALTH & WELLNESS

BEHAVIORAL HEALTH CARE

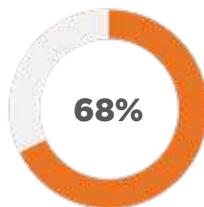
158 ADULTS EXPERIENCING HOMELESSNESS
RECEIVED BEHAVIORAL HEALTH CARE



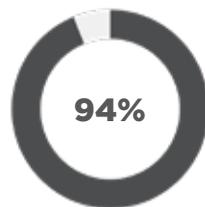
RECEIVED
A
CLINICAL
ASSESSMENT



REPORTED
INCREASED
AWARENESS OF
THE
IMPACT OF
TRAUMA
IN THEIR LIVES

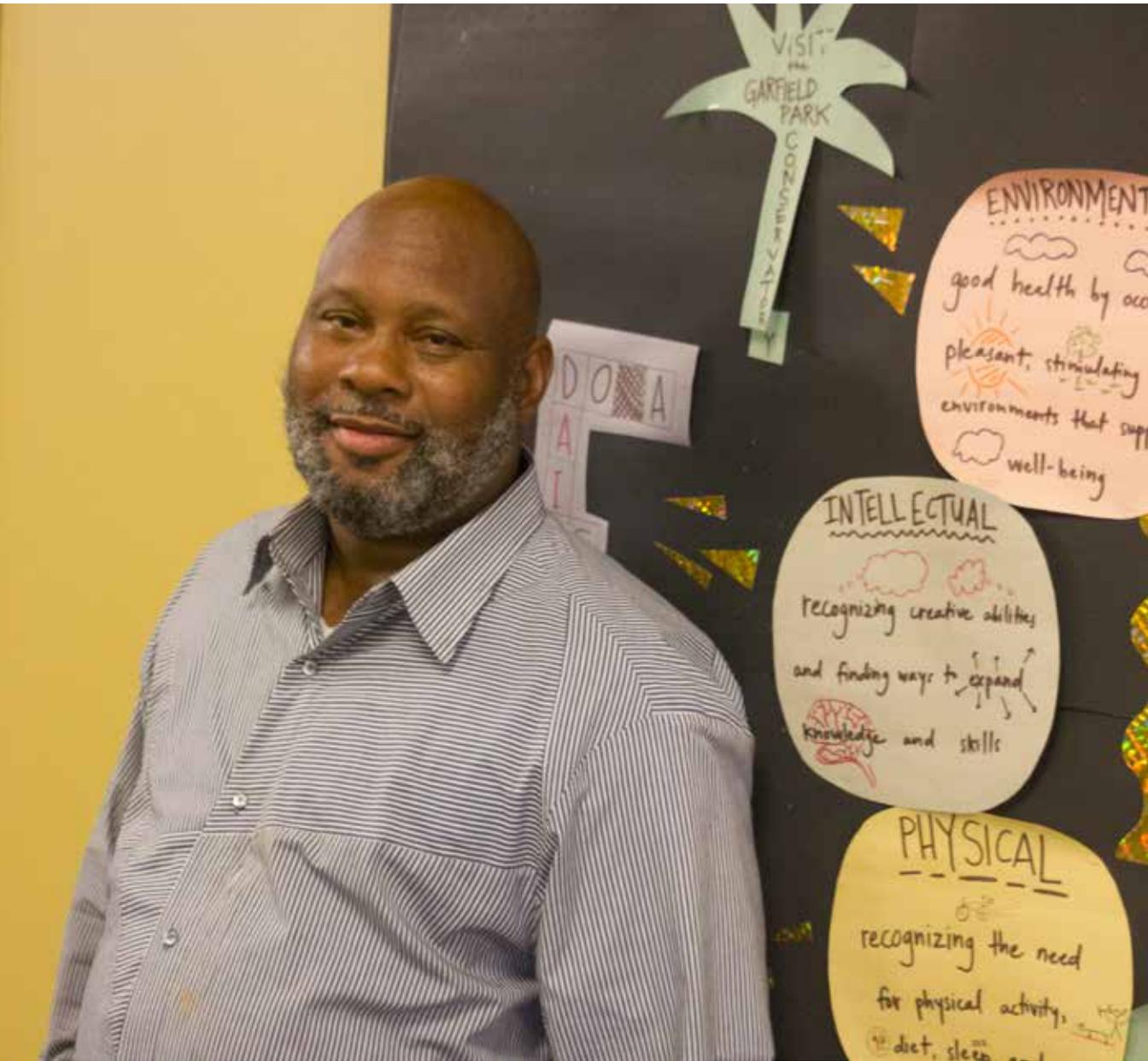


RECEIVED
CARE
COORDINATION
SERVICES



REPORTED
INCREASED
KNOWLEDGE OF
HEALTH CHOICES
AND BEHAVIORS





BUILDING HOMES

“It’s a relief—it’s like having freedom again.”

Fred, 55, struggled with substance abuse and received a diagnosis of stage five kidney failure. As his condition worsened, doctors advised that he needed to receive dialysis treatment. He started making frequent trips to the emergency room, and, without a home, he didn’t have the space to receive the follow-up care he needed to get well. That’s when he found Breakthrough.

Case managers at Breakthrough were able to connect Fred with the University of Illinois Hospital’s Better Health Through Housing Program, which was created in 2015 to help find permanent housing solutions for chronically homeless patients.

On average, the healthcare costs for participants in the program have decreased 18 percent, and most have been able to reduce their emergency room visits as well. Fred now lives in an apartment complex on the West Side where he is able to receive care for his illness.

Fred is thankful for everyone that has helped him, and he now feels a peace of mind he didn’t believe was possible in the situation.

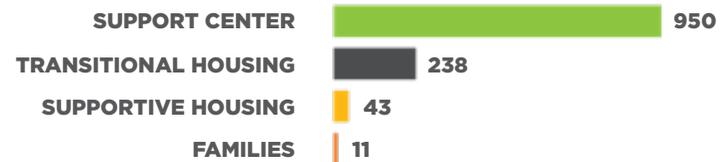
“It’s a relief, it’s like having freedom again,” he said. “I would encourage anyone living in shelters to be patient and have faith ... because help is on the way.”



HOUSING

SERVICES FOR PEOPLE EXPERIENCING HOMELESSNESS

1,242 TOTAL ADULTS ENGAGED
IN HOMELESS SERVICES



OF TRANSITIONAL
HOUSING GUESTS
WHO FOUND
INDEPENDENT
HOMES REMAINED
HOUSED FOR 120+
DAYS



OF SUPPORTIVE
HOUSING
PARTICIPANTS
REMAINED
HOUSED FOR THE
ENTIRE YEAR





WORKFORCE DEVELOPMENT

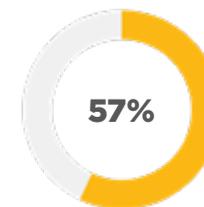
ADULT EDUCATION & EMPLOYMENT SERVICES

152 PEOPLE RECEIVED
EMPLOYMENT SERVICES

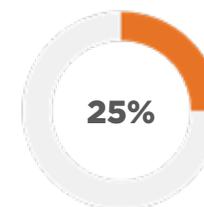
We know that the likelihood of maintaining a job increases when an individual has a home, education, and support for overcoming substance abuse.



OF INDIVIDUALS
GAINED
EMPLOYMENT



OF INDIVIDUALS
RETAINED
EMPLOYMENT



OF PARTICIPANTS WERE LINKED
TO ADDITIONAL RESOURCES
INCLUDED GED CLASSES,
VOCATIONAL TRAINING, AND
BRIDGE PROGRAMS

ADDRESSING TRAUMA

“Our vision is to be a reliable resource for high risk individuals and provide them with an alternative that would allow them to have a higher quality of life.”

Since Breakthrough joined East Garfield Park in 2000, we have been dedicated to providing services that respond to trauma and are representative of the needs of community residents.

Childhood traumatic experiences have a large impact on future violence victimization and perpetration, as well as lifelong health and opportunity. The more a child is exposed to trauma, the higher risk they are for these negative health outcomes, contributing to this cycle of violence we find in our communities.

To respond to the trauma in our community, Breakthrough

implements this four-pronged approach in our interactions, facilities, and services:

- Realizing the prevalence of trauma
- Addressing trauma through prevention and intervention methods
- Resisting re-traumatization
- Ensuring our staff are trained and supported to provide trauma-informed care

Only through a trauma-informed lens, collaboration, and the pursuit of community wellness will we see recovery from trauma and revitalized communities.





VIOLENCE PREVENTION

95 PEOPLE SERVED



OVER THE LAST YEAR

- Nearly **4,000** residents have been involved in outdoor community events
- **95** people have engaged in intensive case management
- Breakthrough's outreach team has engaged in **46** direct conflict mediations





INDIVIDUALS

Gary Tigner has volunteered at the Fresh Market for five years, serving as a volunteer leader in the market and overseeing the inventory. He faithfully volunteers five days a week following his dialysis treatments and part-time job. Gary is selfless, always thinking about our guests and how he can serve them.

Nancy Stalling has been leading a Manna group for New Landmark Missionary Baptist Church for the past 15 years, serving dinner in the Women's Center every first Monday. They enjoy fellowship with one another, as well as the joy they feel when they arrive and see women appreciate the meal.



VOLUNTEERS

3400+ VOLUNTEERS
SUPPORT BREAKTHROUGH EACH YEAR

50+ CHURCHES INVOLVED IN
VOLUNTEERING AT BREAKTHROUGH

GROUP VOLUNTEERS	35%
YOUTH NETWORK REGULAR VOLUNTEERS	9%
EVENT VOLUNTEERS <small>(I.E., CHRISTMAS STORE, HOME COURT, HUNGER WALK)</small>	26%
ADULT SUPPORT NETWORK REGULAR VOLUNTEERS <small>(I.E. MANNA MINISTRY)</small>	30%



CHURCHES

Grace Church Chicago has been involved at Breakthrough for 15 years, serving monthly meals at our Women's Center. They also hold cookouts at the annual Hunger Walk, as well as host quarterly dinners and parties for guests of the permanent supportive housing program.

According to Caleb, Assistant Pastor at Grace, "The [Permanent Supportive Housing] Christmas Party, which has become an annual tradition, is a highlight both for our church and for the guests of

Breakthrough. Kids from our church love helping with the Christmas decorations, letter writing, and serving. The guests enjoy telling the kids a few jokes and asking them about their Christmas wish lists."

"Through Breakthrough, we are able to better understand the challenges that people face in Chicago, and we are able to help address specific issues in a particular neighborhood."



CORPORATIONS

Deloitte has partnered with Breakthrough for their "Deloitte Impact Day" for the past seven years, bringing about 70 volunteers each year and assisting with youth programs and job readiness classes. They have also held a Field Day at Beidler Elementary, a local school that partners with Breakthrough. This event has become a tradition that the students, teachers, and administration look forward to every spring.

KeHE partners with Breakthrough in many ways throughout the year including hosting a Harvest Party, holding gift drives, volunteering for the Christmas Store and trunk parties, and serving meals. They have also supported Breakthrough at Home Court by bringing food, purchasing a new tent, and engaging youth through arts and crafts.

EXECUTIVE LEADERSHIP TEAM



Arloa Sutter
Executive Director



Yolanda Fields
Chief Program Officer
Adult Support Network



Bill Curry
Chief Program Officer
Breakthrough Youth Network



Wilonda Cannon
Senior Director of
Development



John Smith
Chief Administrative Officer

GOVERNING BOARD OFFICERS

President



Tarrah Cooper
Partner
Rise Strategy Group

Vice President



Gannon Jones
Senior VP of Marketing
Allstate

Secretary



Kwesi Smith
Research Analyst
William Blair

Treasurer



Stuart Miller
Partner
Crowe Horwath, LLP

Executive Director



Arloa Sutter
Executive Director
Breakthrough

STAFF LEADERSHIP TEAM



Nathan Bedell
Program Director
Homeless Intervention
Services



Madelyn Bell
Behavioral Health
Coordinator



Alexandra Cesario
Director of Development &
Communications



Martin Coffey
Director of Violence
Prevention Initiative



Lauren Cole
Housing Coordinator



DeMyron Haynes
Associate Director
Nettie Bailey Student
Achievement Program



Dr. Marcie Curry
Senior Director
Breakthrough Youth Network



Marshall Douglas
Human Resources
Coordinator



Eric Estrada
Operations Coordinator



Lisa Gwin
Early Childhood Director



Ann Healing
Director of Volunteer &
Church Engagement



Cheron Massonburg
Senior Director of Adult
Support Network

GOVERNING BOARD MEMBERS



Brandon Barr
Managing Director
CIBC



Robinzina Bryant
Attorney
Law At Last, Inc.



Jared Falconer
Senior Recruiter
Walmart



Erik Fyrwald
CEO
Syngenta



Vinni Hall
CEO
The Art of Learning



Kathleen Henson
Founder & CEO
Henson Consulting, Inc



Raymond Lee
Financial Advisor
Northwestern Mutual



Steve Searles
Owner
JHS, LLC



D.L. Morriss
Partner
Hinshaw Law



Johnny Musso
President, retired
EME Enterprises



Ashley Tate-Gilmore
Managing Partner
Tate and Associates



Keith Freeman
Community Organizer
Chicago Coalition for the
Homeless

SUPPORT & REVENUE

Contributions	\$ 5,722,988
Government grants	1,359,865
Fees	178,404
Gifts in kind	1,206,840
Rental and other income	406,746
	\$ 8,874,843

TOTALS

EXPENSES

Program services	\$ 6,990,515
Management and general	326,211
Fundraising	674,039
	\$ 7,990,765
	\$ 884,078

TOTALS

CHANGE IN NET ASSETS

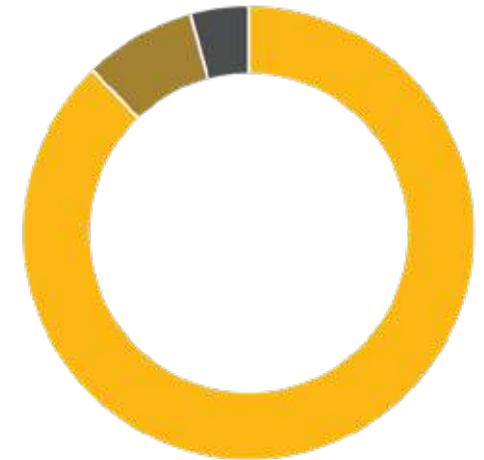
REVENUE

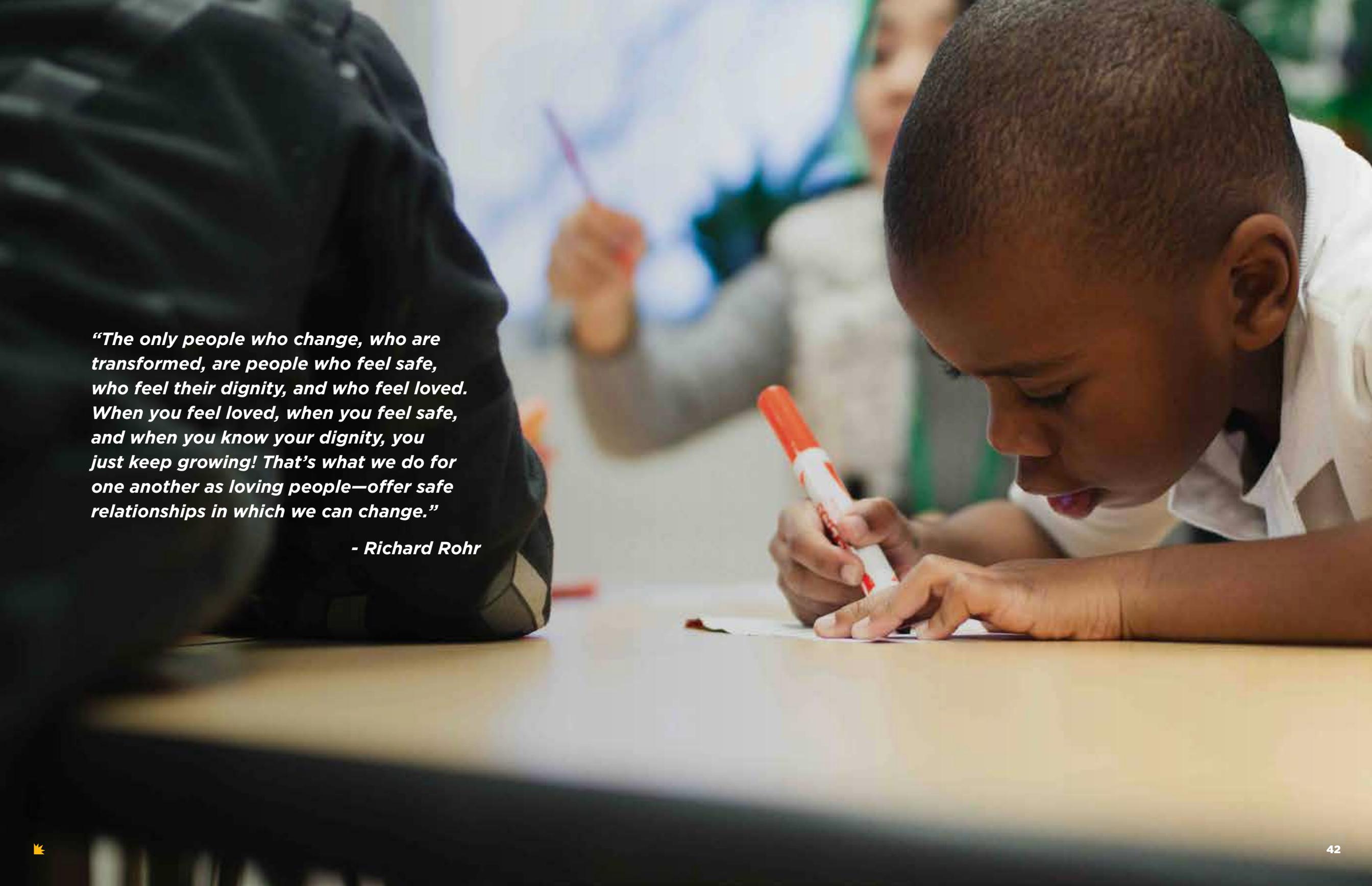
INDIVIDUALS	43%
FOUNDATIONS & CORPORATIONS	20%
GOVERNMENT	15%
GIFTS IN KIND	14%
RENTAL & OTHER	5%
PROGRAM FEES	2%
CHURCHES	1%



EXPENSES

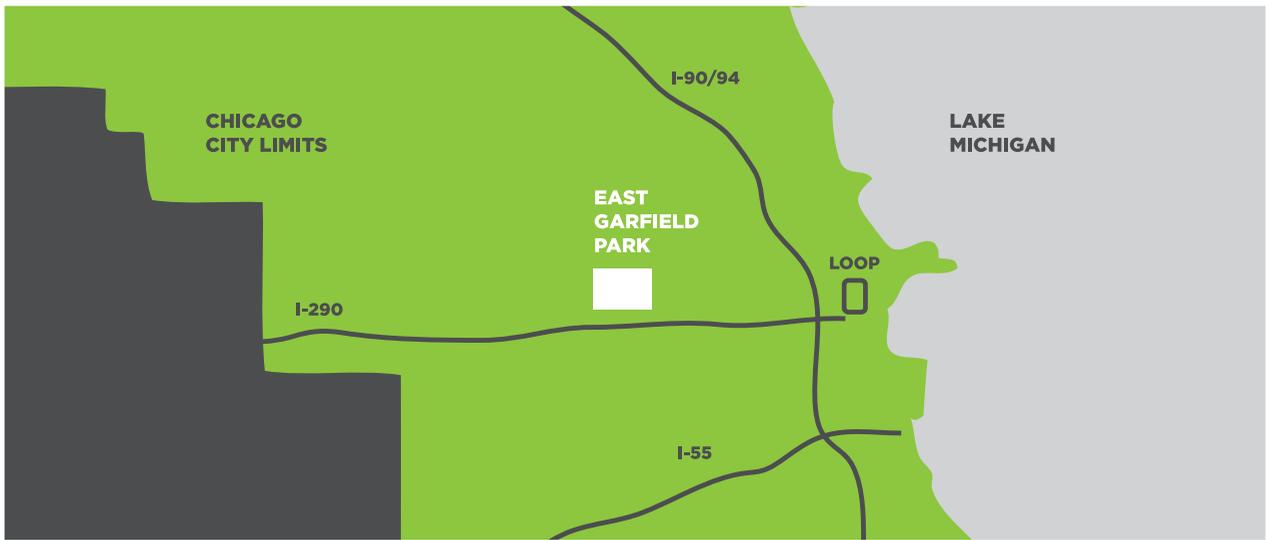
PROGRAM	88%
FUNDRAISING	8%
MANAGEMENT & GENERAL	4%





“The only people who change, who are transformed, are people who feel safe, who feel their dignity, and who feel loved. When you feel loved, when you feel safe, and when you know your dignity, you just keep growing! That’s what we do for one another as loving people—offer safe relationships in which we can change.”

- Richard Rohr



MEN'S CENTER

402 N. St Louis Ave.

FRESH MARKET

3334 W. Carroll Ave.

WOMEN'S CENTER

3330 W. Carroll Ave.

FAMILYPLEX

3219 W. Carroll Ave.

