

CAREER OPPORTUNITY

Title: Men's Wellness Coach

FLSA: Non-Exempt (Part-time; 20 hours per week)

Location: 402 N. St. Louis Avenue Chicago, IL 60624

We Are Breakthrough-Adult Service Network

Breakthrough offers a new model for homeless services. We are intentional about treating every person in need with dignity and respect, so they receive much more than a bed to sleep in—they receive the tools necessary to achieve self-sufficiency. Breakthrough's men's and women's transitional housing shelters first aim to meet immediate needs of food and shelter through our kitchens, on-site laundry and showers. Guests then receive on-site primary and mental health care, employment training, and housing search assistance and placement.

Duties include but are not limited to:

- Through a team approach, provides a direct service to Men Support Center guests accepting and participating in BHA assistance.
- Utilize personal recovery and/or work experiences to offer support to guests, assisting guests in developing their own personalized life recovery plans for mental, emotional, and physical health. Assist guests to develop, revise their goal plans while providing support services that promote a reduction of daily crisis and the improvement of community functioning.
- Ensure that care provided integrates all facets of guests' lives, including mental/emotional health, physical health/wellness, education, social relationships, substance use/abuse issues, and housing needs.
- Function as an advocate for Support Center guests.
- Participate in weekly team meetings, maintaining current knowledge and understanding of trauma, mental health, and substance recovery models.
- Work cooperatively with staff to ensure appropriate access to internal services as identified during goal planning.
- Maintain relationships with local mental health providers, community psychiatric hospitals and other support services in order to expand supports to individuals served.
- Performs other duties as assigned.

Educational/Experience Requirements:

Minimum of high school diploma or equivalency; Two (2) years life recovery experience and understanding of homelessness including physical and mental health issues common to the homeless population.

Compensation/Benefits:

In exchange for the above, we offer competitive wages and a comprehensive benefit package including: paid sick time off, group health benefits, free fitness center membership, employee discounts and more.



402 N. St. Louis Ave. Chicago, IL 60624 PHONE: (773) 722-1144
FAX: (773) 722-1434 www.breakthrough.org

To Apply:

Send/email/fax cover letter and resume to:

Breakthrough Urban Ministries

Attn: H.R.

402 N. St. Louis Avenue

Chicago, IL 60624

E: nbedell@breakthrough.org

Fax: (773) 722-1434

We regret that we cannot take phone calls regarding this position. Breakthrough is an Equal Opportunity Employer.

All qualified candidates will receive consideration without regard to race, color, sex, national origin, age, disability, marital status, veteran status, political affiliation, sexual orientation, or any other non-merit factors. If a reasonable accommodation is needed for any part of the application and hiring process, please contact us as listed above. The decision on granting reasonable accommodation will be on a case-by-case basis.